VERSATILE LASER TREATMENTS FOR GLOWING, YOUNGERLOOKING SKIN

Photography by Tracy Doyle

Aging. Sun damage. Acne.

Those are only three causes of the blotches, scars, wrinkles and lines Lori Smith, laser specialist at Kuy Plastic Surgery, helps erase from patients' faces.

"Our state-of-the-art laser has so many modalities, and is so versatile," Smith says. And fall is the perfect time of year to begin facial laser treatments to guarantee glowing, younger-looking skin in time for the holidays. It's great for treating all skin types.

The Ellipse Frax 1550 laser treatment, for example, uses controlled thermal effects to provide non-ablative skin resurfacing to improve texture, lessen fine lines, wrinkles and stretch marks, as well as acne and surgical scars. It also gives unparalleled control of thermal effects, thereby reducing the risk of side-effects. The Frax 1550, Smith notes, offers advanced treatments faster, with greater comfort during the procedure, and with limited downtime.

Nordlys, by Ellipse, uses sub-millisecond pulses via selective waveband technology to treat vascular and pigmented lesions and hair removal. It is one of the most versatile laser platforms produced, Smith points out.

Laser Photo Rejuvenation removes age spots, diffuses redness, Rosacea, and uneven pigmentation on one's face and other places on one's body.

Laser-based removal of hair from the face, armpits, legs, bikini line for women and the chest and back for men, is also a popular – and nearly pain-free – procedure that Kuy Plastic Surgery offers – with



documented long-term results, Smith adds.

"I have been a nurse for close to 30 years, and I have been operating a laser since 2005," Smith explains. "When this opportunity to work as a laser specialist with Dr. Kuy came up, I jumped at the chance. I worked with him briefly 10 years ago, and I've always admired him and his work. He has so much energy, and his integrity is second to none. He inspires me. It's an honor and privilege to work with Team Kuy."

Smith, a former medical-surgical nurse, is also inspired by the patients she helps treat for their varying skin conditions.

"To see the transition, the return of self-confidence in the women and men we treat...what we do for them via our state-of-the-art laser technology empowers them in their daily lives," she says.

Brides-to-be who choose to undergo laser treatments to brighten their skin prior to their wedding days often return to thank Dr. Kuy and his staff for making their special day even more special, Smith notes. "It's such a positive for us knowing we're having a positive impact on people's lives."











Dr. Daniel Kuy arrived in Cincinnati from Switzerland 21 years ago. He continues to operate a practice in Zurich where he exclusively performs cosmetic facial plastic surgery. His Hyde Park practice is in its fourth year and thriving.

"We offer surgery in an accredited, in-office surgical suite that is state-of-the-art and very private," Dr. Kuy says. The incorporated SwissMediSpa provides skin care evaluation and the newest skin treatment options, provided by four senior medical estheticians. Kuy Plastic surgery is excited to offer "ZO Skin Health" by Zein Obagi. The products provide a comprehensive range of solutions that help restore skin to a healthy state. ZO Skin Health offers a pre-procedure Skin Conditioning Protocol to be used at least six weeks prior to procedures (surgery, laser, peel), and it helps optimize skin functions and enhance skin renewal capacity. This protocol is designed to boost cellular activity, restore a healthy skin barrier and strengthen the skin to minimize complications and maximize procedural results.

Dr. Kuy, an expert in facial cosmetic surgery, breast and body contouring, is detail oriented, and believes plastic surgery must correct subtly, only enhancing what is naturally there.

On-site medical supervision by Dr. Kuy is a must. "Swiss precision" is the motto at Kuy Plastic Surgery, not only in the operating room, but also at the facility's spa.

"Plastic surgery is not about molding every patient into a uniformed figurine of an Instagram model," he emphasizes. "It is about a way for someone to appear on the outside how they feel inside. It is precision and expertise developed over many years of surgery experience that can achieve the natural results."

Trying to turn the clock back too much and overcorrect will ultimately lead to the overdone look and should be avoided at all cost, Dr. Kuy notes. For that reason, he frequently declines procedure requests he feels will not be able to bring that desired result. It is with that philosophy Dr. Kuy has been a successful plastic surgeon without malpractice claims for 25 years. He has compiled numerous letters of gratitude from patients, and more than 175 5-star internet review ratings.

Dr. Kuy, who is board-certified in plastic surgery and general surgery in the U.S. and Switzerland, has been voted one of "America's Top Doctors" in plastic surgery by the Consumer Research Council of America, and was named a Top Doctor of plastic surgery in 2015, 2016, 2017 and 2018 by Cincinnati Magazine.

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