

SKINCARE WITH SWISS PRECISION

Written by Claire Rogers · Photography by Catie Viox



SWISS MEDI-SPA

Swiss Medi Spa offers advanced non-invasive techniques for skin rejuvenation.

Daniel Kuy, MD, medical director of Swiss Medi Spa and Kuy Plastic Surgery, specializes in facial cosmetic and body contouring procedures, including breast surgery, facelift, tummy tuck and eyelid surgery. Medical spa treatments include laser treatments, injectables, fillers and chemical peels addressing symptoms such as sun damage, aging, acne and discolorations.

Dr. Kuy conducts an initial analysis to direct each patient to the care that will be most helpful and look most natural. He supervises all spa treatments and personally handles all laser treatments according to the Ohio Medical Board guidelines. Dr. Kuy is certified by the American Board of Plastic Surgery and American Board of Surgery and was named a Top Doctor of 2015 and 2016 by Cincinnati Magazine. Dr. Kuy's expertise and accumulated knowledge is what sets the Medi Spa apart from other day spas.

"We are not a day spa. We offer consultation, in-depth evaluation and analysis – insight from a physician and esthetician team that maps a treatment goal and plan including follow-up," says Dr. Kuy. "What differentiates us from a day spa is that we have a doctor overseeing all treatments. We document all steps of the treatment with before and after photographs to determine whether or not we are making progress and if not, we adjust the treatment plan."

The team educates patients on preventive care measures to mitigate the risk of skin cancer and future damage to keep the skin as healthy as possible.

The Swiss Medi Spa's product selection of cosmeceuticals is exquisite and includes only the newest skin care technologies. The majority of the products are manufactured in Switzerland or produced with Swiss technology. When Dr. Kuy is attending his Zurich-Switzerland practice he explores the latest skin care products and selects only the best for his Cincinnati practice.

"There's a misconception that a patient has to see a dermatologist if a patient has a skin problem," says Dr. Kuy. "I have a background in dermatological care in addition to surgical treatment, so we can treat each patient holistically and help nurture the patient's skin through proper skin care before enhancing it, ensuring the best possible outcomes." ♦

Contact Kuy Plastic Surgery at 844-794.7763 or www.drkuy.com. Kuy Plastic Surgery locations are at 3825 Edwards Road, Suite 550, Cincinnati, Ohio 45209 and 2845 Chancellor Dr., Suite 1B, Crestview Hills, KY 41017.

MEET THE ESTHETICIANS

Photography by Ross Van Pelt

Darlene Barrett: I have 20 years of experience caring for the skin in spas and medical practices. I specialize in dermablading, skin peels and microneedling. I work with a wide range of people from adolescents to adults. Most have been with me for over a decade with nearly 100 percent retention. I believe true skin transformation is a process that takes time. I love taking the time to educate patients on the why - teaching them proper skin care as many patients are confused by things they might have heard. I like to take the guesswork out of skin care and educate patients to truly understand the significance of each part of their treatment plan. My patients are usually relieved as I offer very simple, manageable basic treatment plans that aren't overwhelming.



Nicole Mack: I am a dual-licensed medical esthetician providing services in Ohio and Kentucky for over 13 years. I am very passionate about educating my clients to look and feel their personal best, creating a custom skin care treatment plan and helping them execute it. I am constantly educating myself through seminars and media to provide the most updated treatments. I like to tie in the elements of diet, exercise and lowering stress as key points to achieving an overall mind, body and spirit connection that reflects on our skin. I enjoy seeing the confidence boost providing the tools for each individual to achieve their best, youthful and vibrant glow with a less is more approach.

Rachel Massa: I have been in practice for 13 years. I specialize in laser treatments (hair removal, hyper pigmentation, and rosacea), skin care and permanent makeup or micropigmentation. I'm very high energy, open and personable - I love spending one-on-one time with my clients customizing a plan that best fits their needs and offering honest recommendations from my personal experience. Seeing amazing results and happy patients is what energizes me. Learning about new procedures and products is also exciting. Clients tell me that I'm caring, knowledgeable and easy to talk with. At the end of the day, I feel proud to be helping others achieve their goals the best way I know how and to be working under the supervision of Dr. Daniel Kuy, who is an amazing plastic surgeon.



Mera Shtiewi: My role includes skincare treatments, educating and advising patients on treatments and products, answering questions and consulting with patients for all of their skin care concerns and needs, and providing instructions for skin care regimens. I love being able to consult one-on-one with patients to achieve their skin care goals. The most rewarding part of my job is knowing that I am helping people change their skin, which has a huge impact on how they feel about themselves.